



## Standardization of harvest maturity of jackfruit (*Artocarpus heterophyllus lam.*) by morpho-physical investigation

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ARTICLE INFO	ABSTRACT
<p>Received : 15 October 2021                      Revised : 16 February 2022                      Accepted : 09 March 2022</p> <p>Available online: 29 May 2022</p> <p><b>Key Words:</b>                      Fruit length                      Metallic sound                      Spines                      Harvest maturity                      Fruit circumferences                      Spines</p>	<p>An experiment was carried out to investigate the standardization of harvest maturity indicators in Jackfruit (<i>Artocarpus heterophyllus Lam.</i>) The mean number of spines/cm<sup>2</sup> was lowest in tree 1 (8.0), the mean metallic sound (hedonic scale) was highest in tree 1 (2.8), the mean fruit length was significantly increasing and reaching its maximum in tree 1 (39.00 cm), and the mean fruit circumference was significantly increasing and reaching its maximum in tree 1 (39.00 cm) (41.48 cm). The experiment's data were considered non-replicated, and the recorded data were statistically analyzed using a one-way ANOVA design in the computer software MS Excel. Considering morphological analysis the characters viz., fruit circumference (39.00 cm), low spine density (8.0), moderate to high spreading of spines, presence of sensible hollow metallic sound could be used as the maturity indices of jackfruit. It is also noted that jackfruit could be harvested after 100 days of fruit set.</p>

### Introduction

The jackfruit (*Artocarpus heterophyllus Lam.*) is a tropical and subtropical fruit crop that is grown in tropical and subtropical climates, especially in South and Southeast Asia. The tree is an important part of subsistence and small-scale farmers' farming systems, and the fruit serves as a secondary staple meal as well as a source of income for the impoverished. India has been growing jackfruit since ancient times. It was most likely brought to the East African coast by Arab traders, and it has since spread throughout the tropics (Mijin *et al.*, 2021). In Hindi, the fruit is known as 'Kathal,' and in Kannada, it is known as 'Halasu.' Maturity indices are important for deciding when a given commodity should be harvested to provide some marketing flexibility and to ensure the attainment of acceptable eating quality to the consumer. Maturation is the stage of development leading to

the attainment of physiological or horticultural maturity (Mijin *et al.*, 2021). For maturity measurements to be carried out by producers, handlers and quality control personnel they must be simple, readily performed in the field or inspection point, and should require relatively inexpensive equipment. The index should preferably be objective (a measurement) rather than subjective (an evaluation) and ideally the index should be non-destructive. There are many different ways for determining maturity. Different maturity or harvest indices have been devised. For these indices to be useful, they must be objective, easy to use and interpret, be unambiguous and have generality so that data obtained can be compared between farms, regions and years. Also, they should measure what is important. Attainment of a specific size is one possible index of maturation, but it cannot be used

alone since fruit size for any variety can be influenced by crop load, climatic conditions, and cultural practices. Fruit shape and/or fullness of cheeks in mango indicate maturity (Rana and marapana, 2019).

Since fruit quality of jackfruit cannot be improved after harvest, selecting the fruits at proper maturity is very much important. Hence, the present investigations will be focusing on harvest maturity indices of jackfruit with the specific objective of assessment of harvest maturity indices by morphological traits (Rana *et al.*, 2018). During the maturation and ripening process, jackfruit undergoes many morphophysical changes. Evaluation of these changes during maturity allows making the best use of jackfruit in different applications. The aim of this study was to determine the variations of morphophysical properties in jackfruit in order to use this knowledge to utilize the most suitable stage to harvest jackfruit.

### Material and Methods

A jackfruit orchard was chosen at the College of Horticulture, Kolar, Karnataka. Trees 1–10 were chosen from ten different jackfruit accessions of uniform age. The labelling was finished at the same time as the blossoming. Tagging selected flower buds in all ten trees yielded all of the parameters. The number of spines/cm<sup>2</sup>, fruit length (cm), fruit circumference (cm), and hollow metallic sound were recorded as observations for assessing harvest ripeness indices by morphological features. The number of spines/cm<sup>2</sup> was calculated by counting the number of spines on 10 tagged fruits in each tree at 30 day intervals. Every 30 days, the length of the fruit was measured and the average in cm was recorded.

The circumference (cm) of 10 fruits tagged in each tree was measured at 30 day intervals and the average was expressed in centimetres. The metallic sound of ten fruits tagged in each tree was measured on a hedonic scale of 1 to 4, with 1 equaling not sensible and 4 equaling sensible. The study was carried for 120 days. The experiment data was considered non-replicated, and the recorded data were statistically analysed using a one-way ANOVA design in the computer software MS Excel (Rana and marapana, 2019).

## Results and Discussion

### Number of spines/cm<sup>2</sup>

The data in Table 1 show the number of spines per square centimetre in ten jackfruit trees. The number of spines/cm<sup>2</sup> of jackfruit varied significantly up to 118 days after harvest. At 30 DAF, there was no significant difference between trees, but T<sub>1</sub> (21.4) and T<sub>3</sub> (23.4) had the highest number of spines/cm<sup>2</sup> (21.4). However, in T<sub>5</sub>, it was kept to a bare minimum (19.1), T<sub>10</sub> (15.2) had the most spines/cm<sup>2</sup> at 60 DAF; followed by T<sub>6</sub> (12.6) and T<sub>2</sub> had the fewest spines/cm<sup>2</sup> (8.5). T<sub>8</sub> (6.8) had the most spines/cm<sup>2</sup> at 90 DAF, followed by T<sub>10</sub> (5.9), and T<sub>2</sub> had the fewest spines/cm<sup>2</sup> (4.4). At 104 DAF highest number of spines/cm<sup>2</sup> was recorded in T<sub>8</sub> (5.2) which was followed by T<sub>6</sub> (4.7) and minimum number of spines/cm<sup>2</sup> was found in T<sub>2</sub> (1.4). Observations were taken before harvesting jackfruits of T<sub>2</sub>, T<sub>3</sub> and T<sub>5</sub> at 104 DAF. At 110 DAF, highest number of spines/cm<sup>2</sup> was recorded in T<sub>7</sub> (3.7) which was followed by T<sub>8</sub> (3.5) and minimum number of spines/cm<sup>2</sup> was found in T<sub>4</sub> (2.0). Observations were taken before harvesting jackfruits of T<sub>4</sub>, T<sub>7</sub>, T<sub>8</sub> and T<sub>9</sub> at 110 DAF. At 118 DAF, highest number of spines/cm<sup>2</sup> was recorded in T<sub>1</sub> (2.9) and T<sub>10</sub> (2.9) and minimum number of spines/cm<sup>2</sup> was found in T<sub>6</sub> (2.1). Observations were made prior to harvesting T<sub>1</sub>, T<sub>6</sub>, and T<sub>10</sub> jackfruits at 118 DAF. This is because the surface area of the fruit increased during its growth stage, increasing the distance between spines and resulting in a decrease in the number of spines per square metre. Saha *et al.* (2016) also found that at 100 DAF, the spine number per sq-cm was less than 2, indicating that the spine density of jackfruit was lower in the advanced mature stage. According to Rahman *et al.* (2019), AH Joy-090 (151) had the most dense spine (per five square centimetre), followed by AH Joy-089 (134), and AH Joy-017 had the least dense spine (per five square centimetre) (38) (Saha *et al.*, 2019).

### Fruit length (cm)

Table 2 shows the results of fruit length measurements on ten jackfruit trees. Up to 118 days after harvest, significant disparities in jackfruit fruit length were detected. At 30 DAF, there was no significant difference across trees; however, T<sub>7</sub> (21.98cm) had the longest fruit, followed by T<sub>5</sub> (21.3cm). In T<sub>8</sub>, though, it was at a bare minimum (18.56cm). T<sub>7</sub> had the longest fruit length (33.67 cm) at 60 DAF,

**Table 1: The effect of Number of spines/ cm<sup>2</sup> in trees after flowering of jackfruit at different intervals.**

Treatment (trees)	Number of spines/ cm <sup>2</sup>						
	Number of days						
	30DAF	60DAF	90DAF	104DAF	110DAF	118DAF	Mean
T <sub>1</sub>	21.4	11.2	5.3	3.9	3.0	2.9	<b>8.0</b>
T <sub>2</sub>	19.5	8.5	4.4	1.4	*	#	<b>8.5</b>
T <sub>3</sub>	21.4	10.4	4.6	3.9	*	#	<b>10.1</b>
T <sub>4</sub>	20.2	10.0	4.7	4.1	2.0	#	<b>8.2</b>
T <sub>5</sub>	19.1	9.5	5.5	4.0	*	#	<b>9.5</b>
T <sub>6</sub>	20.0	12.6	6.6	4.7	2.6	2.1	<b>8.1</b>
T <sub>7</sub>	20.8	12.3	5.4	4.1	3.7	#	<b>9.3</b>
T <sub>8</sub>	19.8	11.4	6.8	5.2	3.5	#	<b>9.3</b>
T <sub>9</sub>	20.1	10.3	5.2	4.3	3.3	#	<b>8.6</b>
T <sub>10</sub>	21.2	15.2	5.9	4.4	3.3	2.9	<b>8.8</b>
Mean	<b>20.4</b>	<b>11.1</b>	<b>5.6</b>	<b>4.0</b>	<b>3.1</b>	<b>2.6</b>	
S.E.m±	1.79	1.01	0.62	0.50	0.45	0.37	
CD(5%)	NS	3.00	1.83	1.2	1.32	1.1	

**Table 2: The effect of fruit length (cm) in trees after flowering of jackfruit at different intervals.**

Treatment (trees)	Fruit length(cm)						
	Number of days						
	30DAF	60DAF	90DAF	104DAF	110DAF	118DAF	Mean
T <sub>1</sub>	20.7	28.21	44.45	45.89	47.55	47.21	<b>39.00</b>
T <sub>2</sub>	19.64	32.61	45.35	46.58	*	#	<b>36.05</b>
T <sub>3</sub>	20.48	31.82	43.14	45.24	*	#	<b>35.17</b>
T <sub>4</sub>	18.57	31.4	42.48	43.14	47.31	#	<b>36.58</b>
T <sub>5</sub>	21.3	29.31	40.86	43.51	*	#	<b>33.75</b>
T <sub>6</sub>	20.62	29.24	41.12	44.87	46.87	48.95	<b>38.61</b>
T <sub>7</sub>	21.98	33.67	42.35	43.47	45.76	#	<b>37.45</b>
T <sub>8</sub>	18.56	28.99	39.76	40.76	44.21	#	<b>34.46</b>
T <sub>9</sub>	18.71	27.51	39.07	40.19	42.32	#	<b>33.56</b>
T <sub>10</sub>	21.06	32.42	40.82	43.17	45.59	47.08	<b>38.36</b>
Mean	<b>20.16</b>	<b>30.52</b>	<b>41.94</b>	<b>43.68</b>	<b>45.66</b>	<b>47.75</b>	
S.E.m±	2.21	1.27	1.21	1.86	1.87	2.13	
CD(5%)	NS	3.79	3.43	5.54	5.60	NS	

**Table 3: The effect of fruit circumference in trees after flowering of jackfruit at different intervals.**

Treatment (trees)	Fruit circumference (cm)						
	Number of days						
	30DAF	60DAF	90DAF	104DAF	110DAF	118DAF	Mean
T <sub>1</sub>	10.04	21.01	53.2	53.66	54.86	56.08	<b>41.48</b>
T <sub>2</sub>	10.69	31.35	46.76	48.56	*	#	<b>34.34</b>
T <sub>3</sub>	11.59	27.99	38.87	41.41	*	#	<b>29.97</b>
T <sub>4</sub>	11.1	25.68	39.96	40.34	42.97	#	<b>32.01</b>
T <sub>5</sub>	12	23.39	35.87	38.23	*	#	<b>27.37</b>
T <sub>6</sub>	11.9	23.41	34.47	35.07	35.85	37.23	<b>29.66</b>
T <sub>7</sub>	11.34	23.52	33.26	36.96	38.17	#	<b>28.65</b>
T <sub>8</sub>	12.35	23.88	33.93	34.6	37.05	#	<b>28.36</b>
T <sub>9</sub>	15.43	25.77	36.55	37.19	39.73	#	<b>30.93</b>
T <sub>10</sub>	12.79	24.59	38.85	39.68	40.58	41.98	<b>33.08</b>
Mean	<b>11.92</b>	<b>25.05</b>	<b>39.17</b>	<b>40.57</b>	<b>41.31</b>	<b>45.09</b>	
S.E.m±	0.82	0.98	1.35	1.31	1.37	1.71	
CD(5%)	2.32	2.77	3.81	3.69	3.90	5.14	

NS-Non significant

DAF-Days after flowering

\*-fruits harvested at 104 days

#- fruits harvested at 110 days

T<sub>1</sub>=Tree 1

T<sub>2</sub>=Tree 2

T<sub>3</sub>=Tree 3

T<sub>4</sub>=Tree 4

T<sub>5</sub>=Tree 5

T<sub>6</sub>=Tree 6

T<sub>7</sub>=Tree 7

T<sub>8</sub>=Tree 8

T<sub>9</sub>=Tree 9

T<sub>10</sub>=Tree 10

**Table 4: The effect of metallic sound in trees after flowering of jackfruit at different intervals.**

Treatment (trees)	Metallic sound (Hedonic scale)						
	Number of days						
	30DAF	60DAF	90DAF	104DAF	110DAF	118DAF	Mean
T <sub>1</sub>	1.0	2.0	3.5	3.9	4.0	4.0	3.1
T <sub>2</sub>	1.0	2.0	3.0	3.1	*	#	2.8
T <sub>3</sub>	1.0	1.6	2.6	2.7	*	#	2.5
T <sub>4</sub>	1.0	1.6	2.6	2.8	3.4	#	2.6
T <sub>5</sub>	1.0	1.6	2.7	3.0	*	#	2.6
T <sub>6</sub>	1.0	2.0	2.5	3.1	3.3	4.0	2.7
T <sub>7</sub>	1.0	2.0	2.9	3.0	3.1	#	2.7
T <sub>8</sub>	1.0	1.7	2.7	3.0	3.3	#	2.6
T <sub>9</sub>	1.0	1.7	2.7	3.2	3.4	#	2.7
T <sub>10</sub>	1.0	2.0	3.0	3.1	3.4	4.0	2.8
Mean	1.0	1.8	2.8	3.0	3.4	4.0	
S.E.m±	0	0.15	0.16	0.5	0.45	0.37	
CD (5%)	0	0.43	0.46	1.3	1.34	1.10	

The degree of metallic sound was quantified through hedonic scale of 1 to 4,

as: 1= not sensible (Absent).

2= slightly sensible,

3= moderately sensible

4= clearly sensible (hollow metallic sound)

\*-fruits harvested at 104 days    #- fruits harvested at 110 days

followed by T<sub>2</sub> (32.61 cm), and T<sub>9</sub> had the shortest (27.51cm). The length of fruit was highest in T<sub>2</sub> (45.35cm) at 90 DAF followed by T<sub>1</sub> (44.45cm) and minimum fruit length was found in T<sub>9</sub> (39.07cm). At 104 DAF, highest length of fruit was recorded in T<sub>2</sub> (46.58cm) which was followed by T<sub>1</sub> (45.89cm) and minimum fruit length was found in T<sub>9</sub> (40.19cm). Observations were taken before harvesting jackfruits of T<sub>2</sub>, T<sub>3</sub> and T<sub>5</sub> at 104 DAF. At 110 DAF, highest length of fruit was recorded in T<sub>1</sub> (47.55cm) which was followed by T<sub>4</sub> (47.31cm) and minimum fruit length was found in T<sub>9</sub> (42.32cm). Observations were taken before harvesting jackfruits of T<sub>4</sub>, T<sub>7</sub>, T<sub>8</sub> and T<sub>9</sub> at 110 DAF. At 118 DAF, highest length of fruit was recorded in T<sub>6</sub> (48.95cm) which was followed by T<sub>1</sub> (47.21cm) and minimum fruit length was found in T<sub>10</sub> (47.08cm). Observations were taken before harvesting jackfruits of T<sub>1</sub>, T<sub>6</sub> and T<sub>10</sub> at 118 DAF. The difference in the mean fruit length may be attributed to the difference in their genotypes. Fruit lengths ranged from 20.00 to 47.00 cm, with a mean of 31.40 cm, according to Akter *et al.* (2017). AHJ05 produced the longest fruit (47.00 cm), followed by AHJ19 (46.00 cm), while AHJ04 produced the shortest fruit (43.00 cm) (20.00 cm). According to Rana *et al.* (2018), the GM and AM of the soft variety were lower than those of the hard variant, although both kinds showed a similar trend. As the stage changed from 1 to 4, the GM and AM for soft v

arieties increased from 5.15 to 10.11 cm and 5.75 to 11.12 cm, respectively (Saha *et al.*, 2016).

#### Fruit circumference (cm)

The results pertaining to fruit circumference in ten trees of jackfruit is presented in Table 3. Significant difference was observed with respect to fruit circumference of jackfruit up to 118 of harvest. At 30 DAF, there was significant difference among trees, the maximum fruit circumference was noticed in T<sub>9</sub> (15.43cm) which was followed by T<sub>10</sub> (12.79cm). However, it was minimum in T<sub>1</sub> (10.04cm). At 60 DAF, highest circumference of fruit was recorded in T<sub>2</sub> (31.35cm) which was followed by T<sub>3</sub> (27.99cm) and minimum fruit circumference was found in T<sub>1</sub> (21.01cm). The circumference of fruit was highest in T<sub>1</sub> (53.2cm) at 90 DAF followed by T<sub>2</sub> (46.76 cm) and minimum fruit circumference was found in T<sub>7</sub> (33.26cm). At 104 DAF, highest circumference of fruit was recorded in T<sub>1</sub> (53.66cm) which was followed by T<sub>2</sub> (48.56cm) and minimum fruit circumference was found in T<sub>8</sub> (34.6cm). Observations were taken before harvesting jackfruits of T<sub>2</sub>, T<sub>3</sub> and T<sub>5</sub> at 104 DAF. At 110 DAF, highest circumference of fruit was recorded in T<sub>1</sub> (54.86cm) which was followed by T<sub>4</sub> (42.97cm) and minimum fruit circumference was found in T<sub>6</sub> (35.85cm). Observations were taken before harvesting jackfruits of T<sub>4</sub>, T<sub>7</sub>, T<sub>8</sub> and T<sub>9</sub> at 110 DAF. At 118 DAF, highest circumference

of fruit was recorded in T<sub>1</sub> (56.08cm) which was followed by T<sub>10</sub> (41.98cm) and minimum fruit circumference was found in T<sub>6</sub> (37.23cm). Observations were taken before harvesting jackfruits of T<sub>1</sub>, T<sub>6</sub> and T<sub>10</sub> at 118 DAF. The difference in the mean fruit circumference in all the trees may be attributed to the difference in their genotypes. Akter *et al.* (2017) also reported fruit length ranged from 20.00 to 47.00 cm with the mean of 31.40 cm respectively. The longest fruit was obtained from AHJ-05 (47.00 cm) followed by the AHJ-19 (46.00 cm) and shortest fruit in AHJ-04 (20.00 cm). Rana *et al.* (2018) found the GM and AM of the soft variety were lower than those of the hard kind, but both varieties showed a similar pattern. The GM and AM for soft varieties grew from 5.15 to 10.11 cm and 5.75 to 11.12 cm, respectively. As the stage progresses from one to four.

Ruby Khan *et al.* (2010) discovered this using morphological standardized descriptors (IPGRI 2000), and it's the first large-scale in situ assessment of jackfruit diversity in several locales (900 trees) (nine villages). It is expected that jackfruit populations will exhibit genetic diversity reflected in phenotypic variation as a result of various local environmental (i.e., location) and human selection pressures. We anticipate that jackfruit grown on homesteads will be subjected to positive selection pressure for marketable traits, and that the position of a tree reflects its origin storey as much as human selection.

### Metallic sound

The result pertaining to metallic sound in ten trees of jackfruit is presented in Table 4. At 30 DAF, there was no characteristic metallic sound heard from the fruits as hedonic scale score was 1. At 60 DAF, slightly sensible hollow metallic was heard from fruits of T<sub>1</sub>, T<sub>2</sub>, T<sub>6</sub>, T<sub>7</sub> and T<sub>10</sub> as hedonic scale score was 2.0, followed by T<sub>8</sub> and T<sub>9</sub> (1.7). At 90 DAF, moderately sensible hollow metallic was heard from fruits of T<sub>1</sub> (3.5) followed by T<sub>2</sub> and T<sub>10</sub> (3.0). At 104 DAF, moderately sensible hollow metallic was heard from fruits of T<sub>1</sub> (3.9) followed by T<sub>2</sub> and T<sub>10</sub> (3.0). Observations were taken before harvesting jackfruits of T<sub>2</sub>, T<sub>3</sub> and T<sub>5</sub> at 104 DAF. At 110 DAF, clearly sensible hollow metallic was heard from fruits of T<sub>1</sub> (4.0) followed by T<sub>4</sub>, T<sub>9</sub> and

T<sub>10</sub> (3.4). Observations were taken before harvesting jackfruits of T<sub>4</sub>, T<sub>7</sub>, T<sub>8</sub> and T<sub>9</sub> at 110 DAF. At 118 DAF, clearly sensible hollow metallic was heard from fruits of T<sub>1</sub>, T<sub>6</sub> and T<sub>10</sub> (4.0). Observations were taken before harvesting jackfruits of T<sub>1</sub>, T<sub>6</sub> and T<sub>10</sub> at 118 DAF. The reason behind this could be that in initial stages of growth and maturity of fruit, the bulbs and seeds were not fully developed, thus hollow metallic sound was completely absent because there was more space inside the fruit but with advances in growth and maturity, the bulbs and seeds were fully developed and hence produce clear hollow metallic sound because there was no more space inside the fruit among the trees studied. Saha *et al.* (2016) also reported that no characteristic metallic sound was heard from the fruits of 80 and 90 DAF. It was heard from the fruits of 100 DAF and it was slight to moderately sensible. With the advances of maturity the metallic sound was heard progressively. It was moderately to clearly sensible at 120 DAF and clearly sensible at 130 DAF.

### Conclusion

The following conclusions can be drawn based on the aforesaid discussion of results obtained in above investigation. In this experiment, maturity indices were judged upon morphological characters of fruits. The mean fruit length was found significantly increasing and maximum in tree 1 (39.00 cm), followed by tree 6 (38.61 cm) and it was least in tree 9 (33.56 cm). The mean fruit circumference was found significantly increasing and maximum in tree 1 (41.48 cm), followed by tree 2 (34.34 cm) and it was least in tree 9 (30.93 cm). The mean number of spines/cm<sup>2</sup> was maximum in tree 3 (10.1), followed by tree 5 (9.5) and it was least in tree 1 (8.0). The mean number of spines/cm<sup>2</sup> was decreasing significantly but at 30 days, mean number of spines/cm<sup>2</sup> were non significant. The degree of metallic sound was quantified through hedonic scale of 1 to 4, as: 1= not sensible (Absent), 2= slightly sensible, 3= moderately sensible and 4= clearly sensible (hollow metallic sound). At 118 DAF, the characteristic metallic sound was clearly sensible as hedonic scale score was 4.0. The mean metallic sound (hedonic scale) was maximum in tree 1(2.8), followed by tree 2(2.8) and it was least in tree 3(2.5). The

analysis of variance for morphological characters of fruit revealed existence of considerable variation among the genotypes for the characters studied. Fruit circumference, low spine density, moderate to high spine spreading, and the presence of a sensible hollow metallic sound could be used as jackfruit maturity indices based on morphological analysis of the characters. It's also worth noting that jackfruit can be harvested after 100 days of fruit development.

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## Conflict of interest

The authors declare that they have no conflict of interest.

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