

A checklist of benthic macroinvertebrates of River Manuni, Himachal Pradesh

Neeraj Kumar Sharma⊠¹, Manju P. Gusain² and O. P. Gusain²

Received: 20.07.2011

Accepted: 19.09.2011

Abstract

Himachal Pradesh is drained by five main rivers and their tributaries. River Manuni originates from the southern slopes of the Dhauladhar range and joins River Baner on the rear side of the Kangra fort to finally meet the River Beas near Haripur in district Kangra of Himachal Pradesh. The present study was undertaken to investigate the benthic macroinvertebrate communities of River Manuni during March 2009 to February 2011. Monthly samples of benthic macroinvertebrates were collected from the three designated sampling sites within an altitudinal range of 610m to 1240m asl. A total of 67 taxa were identified in River Manuni during the study period. Out of which 44 insects were identified up to generic level which belonged to 8 orders and, 12 up to family level belonging to 5 orders. Among other benthic macroinvertebrates, 8 were identified up to generic level belonging to 5 orders. In addition, earthworm, leech and crab were also recorded in Manuni water. Of the taxa recorded, 44 were common in all reaches i.e. higher (1240m), middle (770m) and lower reach (610m) of the River Manuni, whereas some taxa were restricted to specific reach only i.e., 10 taxa were limited to higher reach, 03 taxa to middle reach and 01 taxon was present only in lower reach of River Manuni.

Keywords: Benthic macroinvertebrates, insects, crustacean, annelids, molluscs, River manuni.

Introduction

A fundamental characteristic of river ecosystems is the unidirectional movement of water, nutrients, inorganic materials and organic matter down altitudinal gradients from headwater mountain streams to lowland streams (Suren, 1994). The stream located in the hills is called as hill stream and support wide range of flora and fauna and these in turn determines the health of major rivers systems (Johal and Rawal, 2005). Among the freshwater biota, benthos (benthonic or benthic organisms) is a collective designation for all the bottom dwelling aquatic organisms that live on or within the sediments at the bottom of water body. Among these the zoobenthos are the animals inhabiting the sediment, or living on or in other available bottom substrates. They mainly dwell at the bottom but may occasionally travel upward. Further, macroinvertebrates are defined broadly as

Author's Address

¹Department of Zoology, Govt. College, Indora (Himachal Pradesh), India

² Freshwater Biology Unit, Department of Zoology & Biotechnology HNB Garhwal University, Srinagar-Garhwal,

(Uttarakhand), India

Email: sharma.neeraj03@gmail.com.

animals with body length ≥ 0.5 mm which could be retained by a net of 200 µm mesh size (Dudgeon, 1999).

Stream macroinvertebrates are typical objects of community ecology and environmental monitoring studies (Rosenberg and Resh, 1993; Allan, 1995). The sensitive species inhabiting these habitats because of adverseness of environmental conditions are gradually eliminated and tolerant species establish their colonies and grow in abundance (Hellawell, 1986; Rosenberg and Resh, 1993). Most aquatic habitats with acceptable water quality and substrate conditions support diverse macroinvertebrate communities. Usually, in the hill streams, insects of principal groups Ephemeroptera, Plecoptera, Hemiptera, Odonata, Tricoptera, Coeleoptera and Diptera are among the most visible benthic animals.As such, the macroinvertebrates present several advantages compared to other groups of organisms: they are ubiquitous and diverse, exhibit different feeding habits, are sedentary and have life cycles ranging from few weeks to a few years and are of convenient size for field examination, storage and transport (Chessman, 1995: Miserendino and Pizzolon. 1999). Understandably, the macroinvertebrate

I.



communities have been the most commonly used tool for making an integrated assessment of water quality in rivers (Karr, 1991; Palmer et al., 1996). The Himalayan region remains comparatively lesser studied as regards to benthic macroinvertebrates. Moreover in Himachal Pradesh such study has been fewer and fragmentary, though some notable contributions have been made by Prasad (1918), Hora (1930), Dutta (1992), Farmahan (1994), Joshi (1994), Julka et al.(1999) and Sharma et al. (2006). Therefore, considering the number of rivers and streams draining Himachal Pradesh and its obvious importance, the proposed study envisaged inventorying, benthic macroinvertebrates of River Manuni, a tributary of River Beas.

Study area

Himachal Pradesh is located between $30^{\circ}22' - 33^{\circ}12'$ North Latitude and 75°45' -79°04' East Longitude. to East, it forms India's border with Tibet, to the North lies the state of Jammu and Kashmir. Uttarakhand in the Southeast, Haryana in South and Punjab in West. There is a general increase in elevation from West to East and from South to North. The entire territory of Himachal Pradesh is mountainous with altitude varying from 350m to 7000m asl.River Manuni originates from the southern slopes of Dhauladhar range in district Kangra. Steep slopes form the upper catchment of River Manuni. It is covered by small glaciers in upper and dense forest in lower ridges. The upper catchment lies in heavy rainfall region where substantial precipitation occurs during monsoon and winter months. Manuni joins Baner (tributary of Beas) on the rear side of the historical Kangra fort at Sangam to finally meet River Beas near Haripur in district Kangra of Himachal Pradesh. The present study was undertaken during March 2009 to February 2011. For the purpose three sampling sites were selected in River Manuni within an altitude range of 610-1240m asl. (Fig.1).The sites were:

S1 (**Khaniyara 1240 m asl**): Located 10 km (approx.) from district headquarter, Dharamshala at an altitude of 1240m asl. The area is famous for Himachal slate mines, broken pieces of which can be seen scattered in the river. Upstream to S1 the river descends through thick forest having natural vegetation, where numerous streamlets emerge

from the Dhauladhar range to form the mainstream Manuni. Khaniyara locality falls in the northern region of the study area. The litho-units exposed in the area include slates, shales, sandstones and occasional basalts. Two important thrust systems viz.; Main Central Thrust and the Main Boundary Thrust traverse this area (Dhar, 2004). Scarification and land degradation due to the haphazard mining activity of slate is conspicuously seen in this region. This area shows the presence of glacio-fluvial deposits in the upper regions. Upward to S1 i.e. Khaniyara there is sudden rise in the height of Dhauladhar having difficult terrain hence was not included in the study. Some of the important vegetational elements of the higher reaches of Dhauladhar in the Manuni watershed are Acer caesium (Mandar), Aconitum heterophyllum (Patis), Cotoneaster microphylla (Res), Diplazium frondosum (Lugru), Fagopyrum tataricum (Fafru), Gentiana kurroo (Karu), Jurinea dolomiaea (Dhoop), Pieris ovalifolia (Ailan), Quercus leucotrichophora (Ban) and Rhododendron arboreum (Barah). Cedrus deodara is generally absent in the watershed, although few planted trees are present as low as 1250m in Khaniyara.

S2 (Bhadwal 770m asl): Located 8 km (approx.) downstream to S1 at an altitude of 770m asl, this site is surrounded by extensive agriculture fields and stream water has been directed for irrigating the crop fields. This locality falls south to Khaniyara and comprises the terrace deposits of the Manauni stream. The upper Shiwalik minor conglomerates sandstones and are encountered in this area hidden under the thick veneer of terrace deposits. Drini thrust passes in close vicinity to this area (Dhar, 2004). However the area shows gentler slope and occurrence of terrace deposits more significant owing to lesser intensity of erosional activity. Much of the natural lower altitude (downstream vegetation at Khaniyara) has been replaced by irrigated terraces locally known as 'khet'. The important crops grown in the area are wheat and rice in rotation along with maize, potatoes and pulses.

S3 (Purana Kangra 610m asl): Located 7.0 km (approx.) downstream to S2 at an altitude of 610m asl, The river further travels 1.0 km (approx.) through deep gorge to meet Baner a tributary of River Beas at Sangam. This locality as the name



signifies is the erstwhile town of Kangra. The area dominantly comprises of upper Siwalik conglomerate with intercalations of loose sand stones (Dhar, 2004). Owing to its lithological characters the area shows scanty forest cover and the signature of high erosional intensity is visible here.

Methodology

Regular samples benthic monthly of macroinvertebrates were collected following stratified random sampling (Cummins, 1962) along transects using modified Surber's square foot sampler (Welch, 1952). Benthic macroinvertebrate samples were collected during March 2009 to February 2011 at three selected sampling sites. Benthic macroinvertebrate visible to naked eye were collected. They were then transferred to small plastic bottles containing 4-5% formalin solution and taken to laboratory for analysis. Identification was carried to lowest recognizable level as far as possible with the help of keys by Burks (1953), Usinger (1956), Needham and Needham (1962), Hynes (1977), Macan (1979), Edington and Hildrew (1981), Elliott et al. (1988), Wallace et al. (1990), Dudgeon (1999) and Jessup et al. (2003).





Results and Discussion

A total of 67 benthic macroinvertebrates taxa were identified in River Manuni during present study (Table 1). Of these, 44 insects were identified up to generic level which belonged to 8 orders, and 12 up to family level belonging to 5 orders. Among other benthic macroinvertebrates, 8 taxa belonging to 5 orders were identified up to generic level. These included 01genus of Platyhelminthes, 01 crustacean and 06 molluscs. Besides, crabss, earthworm and leeches were also recorded in Manuni water. Of the taxa recorded, 44 were common in all reaches i.e. higher (1240m), middle (770m) and lower reach (610m) of River Manuni.

During the present study, 60 taxa of benthic macroinvertebrates were identified from S1 followed by 56 from S2 and 48 from S3. The high number of taxa in the upper zone of study area may be due to the presence of thick riparian forest in the headwater region as the riparian zone provides food and shelter for aquatic biota (Bretschko and Moser, 1993). The middle zone (S2) is surrounded by agriculture fields, whereas the forest cover is very scanty in lower zone (S3) of Manuni. The low diversity in streams with human modified riparian land use type is attributed to change in habitat brought out by decreased detritus input, increased sedimentation and runoff (Hershey and Lamberti, 1998).Some taxa of benthic macroinvertebrates also showed restricted distribution. 10 taxa were limited to higher reach, 03 taxa were restricted to middle and 1 taxon was present only in lower reach of River Manuni. Taxa recorded only at higher reach (S1) were Nemoura, Leuctra, Himalopsyche, Rhyacophila, Stenopsyche, Brachvcentrus. Limnephilus, Dicranota. Blepharicera, and Gammarus. Whereas, Crab, Melanoides and Indoplanorbis were restricted to mid reach (S2) and Rhinocypha to the lower reach (S3) of study area. Similar distribution of benthic macroinvertebrates has also been reported by other workers. Nemourid larvae can be quite abundant in collections from streams draining forested small catchment (Dudgeon, 1999). A thick riparian forest is present in the upper reach of Manuni, thus providing suitable habitat. Leuctra though basically Palaearctic genus, is also found in India and Nepal (Harper. 1977; Sivec, 1981). Similarly, Himalopsyche seems to be restricted to habitats where torrential flows predominate, especially at



A checklist of benthic macroinvertebrates

Phylum	Class	Order	Family	Genera
Arthropoda	Insecta	Ephemeroptera	Baetidae	Baetiella
				Baetis
			.	Platybaetis
			Heptageniidae	Ecdyonurus
				Epeorus
				Iron
			Leptophlebiidae	Leptophlebia
				Paraleptophlebia
			Ephemeridae	Ephemera
			Ephemerellidae	Ephemerella
			Caenidae	Caenis
		Odonata	Calopterygidae	-
			Chlorocyphidae	Rhinocypha
			Euphaeidae	Euphaea
			Coenagrionidae	Enallagma
			Gomphidae	-
			Macromiidae	-
		DI	Libellulidae	-
		Plecoptera	Nemouridae	Nemoura
			Leuctridae	Leuctra
			Perlidae	-
		Hemiptera	Nepidae	Nepa
			Naucoridae	Naucoris
			Corixidae	Micronecta
		Megaloptera	Corydalidae	Corydalus
		Trichoptera	Rhyacophilidae	Himalopsyche
				Rhyacophila
			Glossosomatidae	Agapetus
			Hydroptilidae	Hydroptila
			Philopotamidae	Chimarra
			Stenopsychidae	Stenopsyche
			Polycentropodidae	Polycentropus
			Hydropsychidae	Hydropsyche
			Brachycentridae	Brachycentrus
			Limnephilidae	Limnephilus
			Leptoceridae	Leptocella
		Lepidoptera	Pyralidae	-
		Coleoptera	Dytiscidae	-
			Hydrophilidae	-
			Scirtidae	Hydrocyphon
			Psephenidae	Psephenoides
			Elmidae	-
		Diptera	Tipulidae	Tipula
				Antocha
				Dicranota
				Hexatoma
				Limnophila
			Blephariceridae	Blepharicera
			Psychodidae	Psychoda
			Dixidae	Dixa
			Simuliidae	Simulium
			Ceratopogonidae	-
			Chironomidae	-
			Tabanidae	Tabanus
			Athericidae	Atherix
			Dolichopodidae	-

Table1. Check list of benthic macroinvertebrates of River Manuni, Himachal Pradesh.



Sharma et al.

	Crustacea	Decapoda (Crab) Amphipoda	Gammaridae	- Gammarus
Platyhelminthes	Turbellaria	Tricladida	Planariidae	Planaria
Annelida	Oligochaeta (Earthworm) Hirudinea (Leech)			
Mollusca	Gastropoda	Mesogastropoda Basommatophora	Thiaridae Lymnaeidae Physidae Planorbidae	Melanoides Lymnaea Physa Gyraulus Indoplanorbis
	Pelecypoda	Heterodonta	Sphaeriidae	Pisidium

high altitude, like the upstream region of the study area. The taxon has also been reported in two high mountain streams at about 1500m asl. in Nagano, Central Japan (Tsuruishi, 2006). Rhyacophila is wide spread and extremely speciose especially in north India (Kimmins, 1953). Rhyacophila larvae are probably the most restricted to conditions of high current speed (Scott, 1958). Indian Stenopsyche species appear to be confined to altitudes north of Tropic of Cancer (Higler, 1992). Also, Brachycentus has been reported from high altitude of the Himalaya (Mani, 1968) and Limnephilidae are characteristics of high altitude streams (Suren, 1994). Similarly, Dicranota also was reported in streams of western Nepal ranging in altitude from 850-4250m (Suren, 1994). Blepharicerids larvae (mountain midges) have specialized morphology that is associated with living on rocks surface in swift currents at high altitude (Dudgeon, 1999). They may be found crawling on rocks in rushing water of mountain or hill streams, living directly in the water or in the perpetual spray of waterfalls (Usinger, 1956). Sehgal (1991) recorded Gammarus in two out of the eleven tributaries of Indus and Jehlum in northwest Himalaya (North of 32⁰N). Also, it has been recorded to be confined to rather higher altitudes (Sehgal, 1983; Melkania, 1991). Ng (1988) says that crabs individual species tend to be confined to particular altitudes and hence shows longitudinal zonation along the river. The middle stretch of Manuni is surrounded by extensive agriculture fields and crabs inhabit the marginal Pulmonates like planorbidae in Asian waters. streams are less widespread and diverse than prosobranchs and tend to be most abundant in slow flowing streams (Dudgeon, 1983). Melanoides have been introduced widely to the regions of Tropics beyond their natural ranges (Dudgeon, 1999). Bath et al. (1999) found higher abundance of molluscs

with increased water temperature and decomposed organic matter. The mean annual water temperature (20.44 ^oC) at S2 also seems to favour molluscs in the river. In the lower reach of Manuni the river widens and the substratum is dominated by pebbles and cobbles with isolated boulders, thus providing suitable habitat to the Chlorocyphid larvae (Rhinocypha) which are mainly confined to stony streams where they hide under stones or submerged (Dudgeon, 1999) The benthic wood macroinvertebrate community of River Manuni was dominated by Ephemeroptera, Trichoptera and Diptera. This observation corresponds to the study of Farmahan (1994) in Barog hill stream of Himachal Pradesh. Similar composition of benthic macroinvertebrates has also been observed by Suren (1994) and Brewin et al. (2000) in streams of Nepal.

The physicochemical parameters of River Manuni also varied during its course. Thus increase in mean annual- water temperature (14.34-20.50°C), total dissolved solids (0.04-0.14 gl⁻¹), nitrate (0.023- 0.214 mgl^{-1}) and phosphate ($0.012-0.112 \text{ mgl}^{-1}$) in the downstream and velocity $(0.64-1.12 \text{ ms}^{-1})$ in the upstream could also be important contributing factors along with riparian vegetation in determining diversity of benthic macroinvertebrate communities among the different reaches of river Manuni. Similarly Subramanian et al., (2005) found that, the streams with natural riparian vegetation had higher insect richness than the ones with human modified ones in Kudremukh National Park Karnataka state, India.

To conclude the macroinvertebrate communities of River Manuni showed variation in distribution from headwater to downstream region. The upstream region supported a diverse benthic fauna which decreased in the downstream with the change in riparian land use by man.



References

- Allan, J. D., 1995. Stream Ecology. The Structure and Function of Running Waters. Chapman and Hall, London, U.K., 388.
- Bath, K. S., Kaur, H., and Dhillon, S. S., 1999. Correlation of molluscs with physicochemical factors at Harike Reservior (Punjab). *Indian J. Environ. Sci.*, 3: 159-163.
- Bretschko, G. and Moser, H., 1993. Transport and retention of matter in riparian ecotones. *Hydrobiologia*, 251: 95-101.
- Brewin, P. A., Buckton, S. T. and Ormerod, S. J., 2000. The seasonal dynamics and persistence of stream macroinvertebrates in Nepal: do monsoon floods represent disturbance? *Freshwater Biology*, 44: 581-594.
- Burks, B. D., 1953. The Mayflies, or Ephemeroptera, of Illinois. Illinois Natural History Survey Bulletin Vol. 26 (1): 215.
- Chessman, B. C., 1995. Rapid assessment of rivers using macroinvertebrates: A procedure based on habitat-specific sampling, family level identification and a biotic index. *Austr. J. Ecol.*, 20: 122-129.
- Cummins, K. W., 1962. An evaluation of some techniques for the collection and analysis of benthic samples with special emphasis on lotic waters. *American Midland Naturalist*, 67: 477-504.
- Dhar, S., 2004. Geo-environmental investigations of Baner-Neogal watersheds, Beas river basin, district Kangra, Himacahal Pradesh. Spl. Publication (PPO206), Institute of Integrated Himalayan Studies, Himacahal Pradesh University, Shimla, 1-98.
- Dudgeon, D., 1983. Spatial and temporal changes in the distribution of Gastropods in Lam Tsuen river, new territories, Hong Kong, with notes on the occurrence of exotic snail Biomphalaria straminea. Malacol. Rev., 16: 91-92.
- Dudgeon, D., 1999. Tropical Asian Streams: Zoobenthos, Ecology and Conservation. Hong Kong University Press, 830.
- Dutta, M., 1992. Contribution to the Knowledge on the blackfly fauna (Dipter: Simuliidae) of Himachal Pradesh, India. Proc. Zool. Soc., Calcutta, 45(1): 39-52.
- Edington, J. M. and Hildrew, A. G., 1981. A Key to the Caseless Caddis Larvae of the British Isles: with Notes on their Ecology. Freshwater Biological Association Scientific Publication No.53. 91.
- Elliott, J. M., Humpesch, U. H. and Macan, T. T., 1988. *Larvae* of the British Ephemeroptera: A Key with Ecological Notes. Freshwater Biological Association Scientific Publication No. 49. 145.
- Farmahan, B. B., 1994. *Ecological and taxonomic studies on aquatic insects in a hill stream*. Ph.D. thesis submitted to Punjab University Chandigarh.

- Harper, P. P., 1977. Capniidae, leuctridae and perlidae (Plecoptera) from Nepal. *Oriental Insects*, 11: 53-62.
- Hellawell, J. M., 1986. Biological Indicators of Freshwater Pollution and Environmental Management. Elsevier Applied Science, London, 546.
- Hershey, A. E. and Lamberti, G. E., 1998. Stream macroinvertebrate communities. In Naiman, R. J. and Bilby, R. E. (eds.), River Ecology and Management Lessons from the Pacific Coastal Ecoregion. New York: Springer-Verlag, 169-199.
- Higler, L. W. G., 1992. A check-list of the Trichoptera recorded from India and larval key to the families. Oriental Insects, 26: 67-102.
- Hora, S. L., 1930. Ecology, bionomics and evolution of the torrential fauna, with special reference to the organ of attachments. Phil. Trans. Lond., (B) 218: 171-282.
- Hynes, H. B. N., 1977. A Key to the Adults and Nymphs of the British Stoneflies with notes on their Ecology and Distribution. Freshwater Biological Association Scientific Publication No.17. 90.
- Jessup, B. K., Markowitz, A., Stribling, J. B., Friedman, E., LaBelle, K. and Dziepak, N., 2003. Family-Level Key to the Stream Invertebrates of Maryland and Surrounding Areas. Maryland Department of Natural Resources-Maryland U.S.
- Johal, M. S. and Rawal, Y. K., 2005. General ecology of some hillstreams of Himachal Pradesh with special reference to fish communities. In Nautiyal P., Bhatt J. P., Gusain O. P., and Dobriyal A. K. (eds.), Biological Diversity in Freshwater Environments, Transmedia, Srinagar (Uttarakhand), 33-56.
- Joshi, C. B., 1994. Habitat and breeding grounds: Alikhad juvenile habitat and breeding grounds. In Nautiyal, P. (ed.) Mahseer the Game Fish, Jagdamba Prakashan Dehradun, 98-120.
- Julka, J. M., Vasisht, H. S. and Bala, B., 1999. Distribution of aquatic insects in a small stream in northwest Himalaya India. *Journal of the Bombay Natural History Scoiety*, 96 (1): 55-63.
- Karr, J. R., 1991. Biological integrity: A long neglected aspect of water resource management. *Ecol. Appl.*, 1: 66-84.
- Kimmins, D. E., 1953. Entomological results from the Swedish expedition 1934 to Burma and British India. Trichoptera. The genus Rhaycophila PICTET (Fam.Rhyacophilidae). Arkiv for Zoologi, 4: 505-555.
- Macan, T. T., 1979. A Key to the Nymphs of the British species of Ephemeroptera with Notes on their Ecology. Freshwater Biological Association Scientific Publication No.20. 79.
- Mani, M. S., 1968. *Ecology and Biogeography of High altitude Insects.* N. V. Publishers the Hague. 530.



- Melkania, N. P., 1991. Mountain water ecosystem: Ecological status and future perspectives. In Bhatt, S. D. and Pande, R. K. (eds.): Ecology of the Mountain Waters. Ashish Publication House, New Delhi: 1-32.
- Miserendino, M. L. and Pizzolon, L. A., 1999. Rapid assessment of river water quality using macroinvertebrates: A family level biotic index for the Patagonic Andean zone. *Acta Limnologica Brasiliensia* Vol. 11 (2) 137-148.
- Needham, J. G. and Needham, P. R., 1962. *A Guide to the Study of Freshwater Biology* (5th Ed.). Holden-Day Inc. San Francisco, 108.
- Ng, P. K. L., 1988. *The Freshwater crabs of Peninsular Malaysia and Singapore*. Department of Zoology, National University of Singapore: 156.
- Palmer, C. G., Maart, B, Palmer, A. R. and O'Keeffe, J. H., 1996. An assessment of macroinvertebrate functional feeding groups as water quality indicators in the Buffalo River, eastern Cape Province, South Africa. *Hydrobiologia*, 318: 153-164.
- Prasad, B., 1918. Contributions to the anatomy of aquatic diptera-larval and pupal stages of an Indian *Chaoborus* and *Dixa*. Rec. *Indian Mus.*, 15 (3): 153-158.
- Rosenberg, D. M. and Resh, V. H., 1993. Freshwater Biomonitoring and Benthic Macroinvertebrates. Chapman and Hall. New York, USA. 488.
- Scott, D., 1958. Ecological studies on the Trichoptera of the River Dean, Cheshire. Arch. *Hydrobiol.*, 54: 340-392.
- Sehgal, K. L., 1983. Fisheries resources and their management. In: Singh, T. V. and Kaur, J. (eds.) Studies in Ecodevelopment: Himalayas Mountains and Men. Print House, Lucknow: 225-272.

- Sehgal, K. L., 1991. Distributional pattern, structural modification and diversity of benthic biota in mountain streams of northwestern Himalaya. In Bhatt, S. D. and Pande, R. K. (eds.) Ecology of the Mountain Waters. Ashish Publishing House, New Delhi: 98-250.
- Sharma, M. P., Sharma, S., Goel, V. and Sharma, P. and Kumar, A., 2006. Water quality assessment of Behta River using benthic macroinvertebrates. *Life Sci. J.*, 3 (4): 68-74.
- Sivec, I., 1981. Contribution to the knowledge of Nepal stoneflies (Plecoptera). *Aquatic Insects*, 3: 245-257.
- Subramanian, K. A., Sivaramakrishnan, K. G. and Gadgil, M., 2005. Impact of riparian land use on stream insects of Kudremukh National Park, Karnataka state, *India. J. Insect Sci.*, 5: 49.
- Suren, A. M., 1994. Macroinvertebrate communities of streams in western Nepal: effects of altitude and land use. *Freshwater Biology*, 32: 323-336.
- Tsuruishi, T., 2006. Life-cycle of *Himalopsyche japonica* (Morton) (Trichoptera: Rhyacophilidae) in two high mountain streams in Nagano, Central Japan. *Hydrobiologia*, 563: 493-499.
- Usinger, R. L., 1956. *Aquatic Insects of California*. University of California Press, 508.
- Wallace, I. D., Wallace, B. and Philipson, G. N., 1990. A Key to the Case-Bearing Caddis Larvae of Britain and Ireland. Freshwater Biological Association Scientific Publication No.51. 237.
- Welch, P. S., 1952. *Limnology* (2nd ed.). McGraw-Hill Book Camp., New York, 538.

